

# Ville lumière

*Upward Curve* checks out business travel to Paris, where you can absorb the arts, enjoy elegant accommodation and experience some of the world's finest eateries

In Paris, the smartest business stay is defined by location, not luxury. The city may appear compact on a map but traffic, taxis, and multi-line metro journeys can quietly consume your day. Seasoned travelers base themselves in the 1st or the 8th arrondissements of Paris, where offices, embassies, and direct access to airports are within walking distance. Choose well, and the payoff is time reclaimed, whether that be for a riverside stroll, a memorable bistro, or a gallery visit that reminds you why Paris rewards efficiency with inspiration after hours.

## WHERE TO STAY

Located between the Louvre and Opéra, Hôtel du Louvre blends

classic Parisian style with practical comfort. Rooms are well-appointed for work, with quiet spaces and reliable Wi-Fi, while the hotel offers a fitness area, restaurant and attentive concierge service. Its central position makes it easy to move between meetings and enjoy nearby cultural and dining options.

Synonymous with refined luxury, Ritz Paris offers exceptional service, elegant rooms, and discreet in-room work comfort. Guests benefit from multiple dining venues, a spa, fitness facilities and highly personalised concierge support. It is designed for both high-level business hosting and a seamless, elevated stay in the heart of the city.

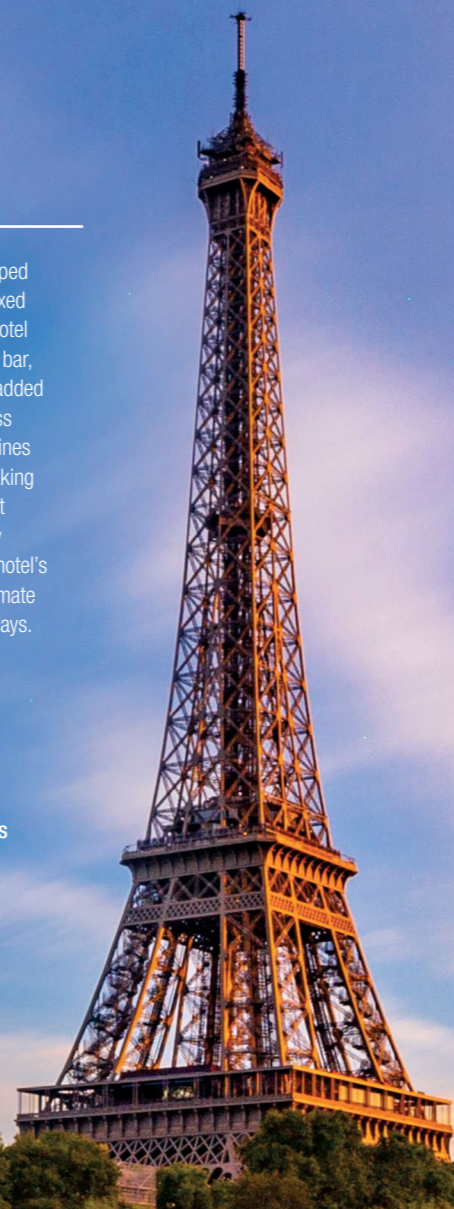
Modern and highly practical, Novotel Paris Les Halles provides

comfortable rooms equipped with work desks and relaxed communal spaces. The hotel includes a fitness centre, bar, and restaurant, with the added advantage of direct access to major metro and RER lines beneath the property, making citywide travel and airport connections exceptionally efficient. Sign up for the hotel's yoga sessions for the ultimate unwind after long travel days.

**Hôtel du Louvre**  
+33 1 73 11 12 34  
[hyatt.com](http://hyatt.com)

**Ritz Paris**  
+33 1 43 16 30 30  
[ritzparis.com](http://ritzparis.com)

**Novotel Paris Les Halles**  
+33 1 42 21 31 31  
[all.accor.com](http://all.accor.com)



## WHERE TO DINE

Set within the historic Meurice hotel overlooking the Tuileries, Le Meurice Alain Ducasse is fine dining at its most composed. The setting is calm and refined, with precise service and contemporary French cuisine, making it well suited to formal business dinners or client hosting in the heart of Paris.

In contrast, Septime is a more modern expression of Paris dining can be found in this Michelin-starred restaurant, where seasonal tasting menus are served in a minimalist, relaxed space. The experience is understated yet polished, ideal for an elevated dinner after a full day of meetings.

If you want to sample quintessentially French cuisine, head to L'Ami Louis, a classic Parisian bistro that delivers rich, traditional cuisine in a characterful, old-world interior. Lively and intimate, it lends itself to long, unhurried dinners that feel distinctly local and full of atmosphere. Away from the centre in Belleville, Le Baratin is a neighbourhood favourite offering a quieter, more personal dining experience. The seasonal, chef-led menu is unfussy but highly regarded, making it a hidden gem for those seeking authentic Parisian cooking beyond the usual circuit.

**Le Meurice Alain Ducasse**  
+33 1 44 58 10 55  
[dorchestercollection.com](http://dorchestercollection.com)  
**Septime**  
[septime-charonne.fr](http://septime-charonne.fr)  
**L'Ami Louis**  
+33 1 48 87 77 48  
**Le Baratin**  
+33 1 43 49 39 70

**Left: The world-famous Eiffel Tower Above: Emmanuel Macron, the President of France, on the Bang stage of the Paris Accor Arena in Bercy with French entrepreneurs for the Bpifrance (BIG) business convention**  
**Below: The Arc de Triomphe is high on a long list of sights to see when in the French capital city Paris**

## WHAT TO SEE

At sunset, there are few experiences in Paris more quietly compelling than the Eiffel Tower seen from the banks of the Seine River. When the city softens and the light reflects across the water, Paris simply reveals itself in most romantic form. A few viewpoints include along Quai Branly, Pont d'Iéna, or Pont de Bir-Hakeim in the 7th arrondissement.

For a slower reset between meetings, the Palais Royal offers a different rhythm altogether, where structured gardens, shaded arcades, and nearby passages invite unhurried wandering; the kind of place designed for lingering rather than rushing, with galleries, cafés, and quiet corners that suit the role of flâneur perfectly.

If a full day opens up, Montmartre rewards the time. Once the heart of Paris' artistic movement, it still carries that layered history in its stairways, studios, and winding streets. Beyond the crowds around Sacré-Cœur, it becomes more intimate: a hillside village within the city, best explored without direction and with time to let its character unfold.

**Eiffel Tower**  
[Toureffel.paris](http://Toureffel.paris)  
+33 8 92 70 12 39  
**Palais Royal**  
+33 1 47 03 92 16  
[domaine-palais-royal.fr](http://domaine-palais-royal.fr)  
**Montemarte**  
+33 1 49 52 42 81  
[parisjetaime.com](http://parisjetaime.com)

Paris is best experienced in balance between meetings and moments, efficiency and ease. The right location shortens the city, while its streets expand it again once the day is done. From central arrondissements to riverside evenings, and from quiet courtyards to hillside wanderings, the rhythm of the city rewards those who move with intention and leave space to pause. In doing so, Paris becomes less a destination, and more a way of moving through time. ■

