

# Culture and convenience

Tokyo pulses with energy, passion and innovation. For business travellers in Japan, it offers a seamless blend of efficiency culture and culinary excellence

Japan's capital is not just a corporate hub; it's a city where high-powered negotiations sit comfortably alongside refined tradition. From premium airport lounges to late-night ramen, here's how to stay, dine, and seal the deal in Tokyo. Landing at Haneda Airport, consistently ranked among the world's best, puts you a short train trip from Central Tokyo. Premium passengers on Japan Airlines enjoy fast-track security,

exclusive lounges, and sushi-and-champagne bars before takeoff. Touching down here saves precious time and keeps the momentum of your business trip intact.

**WHERE TO STAY**

The Four Seasons Hotel Tokyo at Otemachi sits atop the city's financial district, offering not only panoramic views of the Imperial Palace but also state-of-the-art meeting spaces and discreet service. Need to look fresh for

an important client? Services include same-day laundry, dry cleaning and pressing which can all be done while you relax in their spa, or receive a wellness massage in one of their five treatment rooms.

For a location more aligned with Shibuya's renowned buzz, the Cerulean Tower Tokyu Hotel delivers spacious, well-appointed rooms and meeting-friendly amenities. Housing a total of 11 dining and bar venues, tick off all

your meeting needs under one roof. Then, unwind in their gym, heated pool, sauna, or sun deck on a nice day. Brand new and situated in an old fishing village turned vibrant hub, Fairmont Tokyo in Shibaura houses 217 rooms, an indoor infinity pool, spa, gym, and several flexible event spaces with dedicated concierge for your every need. With easy access to Hamamatsucho Station, the Fairmont makes fast connections to Haneda and Tokyo's train network a breeze.

**Four Seasons Hotel at Otemachi**  
+81 3 6810 0600  
fourseasons.com/otemachi

**Cerulean Tower Tokyu Hotel**  
+81 3 3476 3000  
tokyuhotels.co.jp

**Fairmont Tokyo**  
+81 3 6868 0317  
www.fairmont.com

**WHERE TO DINE**

Securing a luxe business dinner reservation in Tokyo demands early planning. The city boasts 12 three-star Michelin restaurants among its 507 starred venues. For a balance of prestige and privacy, Ginza Kojyu, a two-star kaiseki restaurant, offers a traditional Japanese dining experience that's both refined and discreet. Enjoy a multi-course menu presented meticulously using seasonal ingredients.

A few steps from Tokyo Station, Ramen Street offers a uniquely local experience – this underground corridor brings together some of Japan's top ramen shops, each highlighting distinct regional flavours. Whether you're after a quick lunch or a culinary deep dive, it's the perfect place to sample the country's rich noodle traditions all in one setting.

For a more relaxed but still polished atmosphere, seek the cosy lounges at Aman Tokyo featuring quiet havens for a post-meeting meal with matcha cocktails or famous Japanese whisky. Enjoy all-day dining set high above the city, offering a menu that blends Japanese favourites like bento boxes with Western classics, including salads, small bites, and the signature Aman Tokyo Wagyu burger.

**Ginza Kojyu**  
+81 3 6215 9544  
kojyu.jp



**Ramen Street**  
tokyoeki-1bangai.co.jp

**The Lounge by Aman**  
Tel: +81 3 5224 3339  
aman.com/hotels/aman-tokyo

**WHAT TO DO**

When your schedule allows a break, Tokyo's blend of tradition and innovation beckons. A stroll through the beautiful Imperial Palace grounds offers a welcome contrast to the city's pace. Surrounded by stone walls and quiet gardens, the area provides space to reflect, stretch your legs,

and enjoy a slower side of central Tokyo. Consider yourself a history buff? Join a guided tour of the East Gardens and dive deep into the country's layered past full of cultural significance. A visit to the teamlab Borderless digital museum is unlike any other and well worth the visit. Cast yourself into a new

**Left: Mount Fuji is an active volcano approximately 100km southwest of Tokyo**  
**Above: Shibuya Crossing is one of the world's most used pedestrian crossings, in the city's centre**

realm of art museums as teamLab immerses all your senses into a digital playground for visitors of all ages. Light, sound, and movement respond as you walk through each room, creating an experience that is interactive, playful, and entirely your own. Evening activities can continue with time spent in the Golden Gai district, where narrow alleys in Shinjuku host tiny bars full of history and tradition. Each bar has its own distinct atmosphere, some themed, some bare bones, but all offer an intimate way to end the night, whether you're after a quiet drink or conversation with locals. ■

**Imperial Palace**  
+81 3 3213 1111  
sankan.kunaicho.go.jp

**teamLab Borderless**  
+81 3 6230 9666  
teamlab.art/jp/e/tokyo

**Golden Gai**  
+81 3 3209 6418  
goldengai.jp

