



# Soak it in

Revitalise your senses with a wellness stay in one of the world's most exquisite spa-break hotels

**R**elax, re-wind and turn back time with master-crafted skin care, gold-infused pamper sessions and an adrenalin quencher to endless adventure. Each championing a unique attraction, these six hotels entice guests with picturesque vistas, world-class golf courses, and

the very essence of their home country distilled into every aspect of service.

Harnessing the power of hydration, Evian resort understands rejuvenation, offering guests a stay within the romantic embrace of historic French architecture. Return to your best

self in the luscious forests of the Philippines, the expansive Berkshire Hills of Massachusetts, the tropical waters of Byron Bay and gold-laced UAE.

## SO/SOTOGRADE SPA AND GOLF RESORT HOTEL

The magnificent SO/Sotograde Spa and Golf Resort Hotel is located on Spain's Costa del Sol and overlooks the dazzlingly blue Mediterranean Sea. Beautifully designed to look like a typical Andalusian village, with its white stone walls, terracotta tiled roofs and scattering of olive and fig trees, the resort welcomes all to its relaxing charm.

The 152 rooms and 36 suites have been designed to offer individuality, all present a private balcony or terrace and have a truly beautiful bathroom and shower, turning the morning shower into a spa-like experience.

The state-of-the-art 2,800-square-metre spa invites you to unwind in modern treatment rooms, with relaxing treatments such as a refreshing Pure Oxygen Facial, Deep Tissue Massage, or the exquisite Complete Collagen Renewal. More daring treatment options include Cryotherapy and Flotation, which offers the feeling of weightlessness and ultra relaxation.

SO/Sotograde restaurant and bar options include Cortijo Santa María, where guests are served International and Andalusian dishes showcasing local products and ingredients. Society Club House offers light snacks and drinks at any time of the day, while at Marxa Chiringuito Grill-Bar you can enjoy delicious recipes from the impressive five-metre-long wood burning barbecue.

Sotograde has a total of seven golf courses in the area, including Club de Golf de Sotograde, La Reserva Club and Valderrama. If you are not a golfer but want to get active, tennis, horse riding, cycling and sailing are among the adventures that await. The marina and surrounding area also have an array of fine restaurants, bars and shops. On Sundays, the marina hosts a charming market where you can find Andalusian jewellery, fashion, plus food and gift offerings from across the region. [so-hotels.com/en/sotograde](https://so-hotels.com/en/sotograde)

## EVIAN RESORT

Conceived as a haven of rejuvenation, the Evian Resort shares a namesake with the world's most iconic source of hydration. A sensory experience, combining breathtaking views with the seasonal transformation of Lake Geneva – the source of Evian water. Overlooking the lake, vibrant and flourishing landscapes invite guests to find peace amongst the natural setting. A stroll through the expansive grounds winds the clock back to the oldest architecture in the region, celebrating a place beyond time. Enchanted with fairytale style surroundings, four distinctive hotels engage guests in an all-encompassing resort experience. Unwind and recharge in Hotel Royal & Hotel Ermitage, relish the rich history with a stay at



La Verniaz or experience total golf immersion at The Manoir.

Experience the source of wellness at the Evian Spa through a four-dimensional journey from source to spa. Voted France's best Wellness Retreat for 2024, time stands still allowing mind and body to find alignment. [evianresort.com/en](https://evianresort.com/en)

**Above: SO/Sotograde Spa and Golf Resort Hotel pool and Penthouse Suite on Spain's beautiful Costa del Sol**

## FARM AT SAN BENITO

Resting on 52 hectares of luscious local flora, The Farm at San Benito provides medically supervised natural and holistic wellness programs. Anchored by a historic mango tree, the resort facilitates any guest's quest for equilibrium, with integrative medical services, hydrotherapy, plant-based wholefood cuisine and mindful movements. Decorated with international wellness awards, The Farm remains grounded

in the simple luxury of private villa accommodation amongst untouched wilderness.

Comprising a maximum of 60 private villas, The Farm takes a personalised approach to accommodation with bespoke interiors. Selected to enhance healing, an array of private villas showcase natural timber textures and breathtaking views towards the majestic Malarayat Mountains.

More than a holiday, staying at The Farm is a lifechanging experience nourished by ▶

a selection of indulgence restaurants, expertly curated medical wellness treatments and the restorative power of time spent in the natural world. [thefarmatsanbenito.com](http://thefarmatsanbenito.com)

### CANYON RANCH LENOX

Decorated with two Michelin keys, The Canyon Ranch Lenox celebrates the distinct character of the Berkshires, imbued with luxury.

Turning crimson and rose for fall before a dusting of snow blankets the Berkshires in a white Christmas, this prized spa-hotel preserves a peaceful retreat for every season. Inviting guests to understand a bespoke approach, each stay is tailored to your goals. Unlocking human potential through rejuvenation and world-class training, the Lenox location invites those seeking intensive support for a goal-oriented retreat. Relax and recharge in comfort from a beautifully appointed accommodation, where all needs are considered.

Deluxe rooms are located in close proximity to the Bellefontaine Mansion, whilst Executive Rooms and Luxury Suites invite guests to enjoy full days & luxurious, restful nights. Crafted for year-round comfort, the entire retreat is serviced by climate-controlled hallways connecting accommodation with all indoor areas.

[canyonranch.com/lenox/massachusetts-resort](http://canyonranch.com/lenox/massachusetts-resort)

### ELEMENTS OF BYRON

Immerse yourself in nature at Elements of Byron, where you can relax in barefoot luxury at a prime beachfront location. Nestled within its natural landscape, each villa is a standalone retreat where privacy envelopes breathtaking views and unmatched facilities.



Self-proclaimed laid-back luxury brings an iconic Australian flavour to the retreat through the fragrant flora and picturesque coastline on your doorstep. Rebalance at Elements with a five-night stay expertly curated to enhance your wellbeing, the self-guided retreat allows guests to soak up every moment. Collaborating with local wellness experts, a bespoke experience is tailored to each individual to enhance a foundation for optimal living. Immersed in biodiversity, each villa is completely surrounded within one of four ecologies. The accommodation menu encourages a harmony of expectation and experience, each exploring luxury with a distinct flair for earth-inspired design.

Characterised by a distinct family-friendly atmosphere, the Azure restaurant continues the Elements ambiance with

a diverse dining experience. Overlooking the shimmering lagoon pool, Azure invites guests to experience the seasons through culinary sensation. [elementsofbyron.com.au](http://elementsofbyron.com.au)

### ATLANTIS THE ROYAL DUBAI

Embrace a new standard for luxury, where a higher benchmark for excellence promises something incredible during every moment of your stay.

Elevate your escape with a signature penthouse overlooking Dubai's iconic coastline from a unique vantage point. Home

**Top: View of the landmark Evian Resort Hotel, a luxury Hotel and Spa overlooking Lake Geneva in Europe's Alps**

**Above: Rebalance Elements of Byron Yoga Right: The Royal Atlantis Palm Jumeirah Dubai**



to the most exclusive stay in the world the Royal Mansion frames views of the Arabian Sea, Palm Island and dazzling Dubai skyline. Pampered, by world renowned restaurants Atlantis The Royal, is situated to enjoy meals from Heston Blumenthal and Nobu by the Beach amongst other international culinary delights.

Aeon Clinic, Dubai's newest centre for regenerative medicine, aesthetics and wellness, offers a transformative experience. Indulge in a Longevity Stay to harmonise rest and rejuvenation all within the sumptuous setting of Atlantis The Royal.

Exclusive to this location, the Gold List offers a series of 24-karat gold spa experiences available at Awaken Wellness. [atlantis.com/atlantis-the-royal](http://atlantis.com/atlantis-the-royal) ■