

# Milan: drink it in

With the international success of Milanese fashion houses in the 1980s, a marked rise in American and Asian tourism saw businesses skyrocket on the stock exchange and the media naming the metropolis “Milano da bere”, literally “Milan to be drunk”

**W**hile Milan may be well known for being one of the fashion capitals of the world, it is also a bustling business centre with world-class hotels and epicurean food for dinner meetings and off-duty dining. From Michelin Star restaurants, unforgettable cultural experiences and five star hotels, to relaxing sight-seeing and incredible seafood, Milan has it all.

## WHERE TO STAY

With interiors heavily inspired by traditional Milanese design and architecture, the Hotel Principe Di Savoia is a blend of modern and classic Milan style. A stay at this hotel is focused around experiencing everything Milan has to offer, from the historically named streets around the building to the amazing views visible during a trip to the hotel spa. The staff at Hotel Principe

are willing and able to assist with making any trip to Milan as memorable as possible. At Excelsior Hotel Gallia, guests will experience a luxury stay focused around the design and atmosphere of Milan as a city. The many suites, including the Katara Royal Suite which is the biggest in Italy, are inspired by Italian designers, such as Gio Ponti and Castiglioni, and are curated as their own artistic getaways from the artwork on the walls to the furniture.

The hotel also offers many wonderful relaxation and wellness experiences for a restorative stay.

### **Bulgari Hotel Milano**

[bulgarihotels.com/milan](http://bulgarihotels.com/milan)

+39 02 805 8051

### **Hotel Principe Di Savoia**

[dorchestercollection.com/milan](http://dorchestercollection.com/milan)

+39 02 62301

### **Excelsior Hotel Gallia**

[marriott.com/hotels](http://marriott.com/hotels)

+39 02 67851

## WHERE TO DINE

To the south of the city's central district, Contraste Ristorante is a Milanese restaurant where food and personalised service meet. Designed to mimic ancient osterias, the food offered is based around the chef's discussions with the guests. Their design theory also revolves around creating a private getaway space for guests, with a simple white table cloth on a table surrounded by simple decor. The creators of this experience each focus on one aspect of their food philosophy, those being the past, the present and the future, and how these can

be used to create a contrasting experience that will not be forgotten in a hurry.

As one of Enrico Bartolini's projects, Ristorante Mudec Milano has earned three Michelin stars and delivers on its incredible reputation with every bite. The restaurant is located inside the Museum of Cultures in the centre of the design district and focuses on experimentation and the future of Italian cuisine. With an intimate and cosy atmosphere, Ristorante Mudec is the perfect location for a quiet dinner that boasts incredible food at the heart of Il Luogo di Aimo e Nadia is all



about combining Italian cuisine with contemporary taste. With a focus on innovation with both the food and the recommended wine pairings, the chefs at the restaurant focus on carrying on the legacy of the founders, Aimo and Nadia. There is a priority placed on providing a comfortable atmosphere for diners, with options for booking private dinner or themed meals focused around a specific type of Italian cuisine.

### **Contraste Ristorante**

[contrastemilano.it](http://contrastemilano.it)

+39 02 4953 6597

### **Ristorante Mudec Milano**

[enricobartolini.net/ristorante-mudec-milano](http://enricobartolini.net/ristorante-mudec-milano)

+39 02 8429 3701

### **Il Luogo di Aimo e Nadia**

[illuogoaimoenadia.com](http://illuogoaimoenadia.com)

Ph: +39 02 416 886

## WHAT TO DO

The Duomo di Milano is a beautiful historical cathedral in the centre of Milan. The gorgeous statues covering the outside of the building and the rooftop views of the city are worth a trip to the



iconic building, and the tour of the inside of the 14th century cathedral boasts incredible stained-glass windows. The connected museum displays elements that were all a part of the cathedral at some point in its history and adorned its spires, towers and walls. This cathedral is such an integral part of Milan's history and is one of the most famous monuments in the city.

From operas to symphonies and ballet, the Teatro alla Scala is an institution in Milan

as a cultural experience with something for everyone. The crimson and gold interior that lines the museum as well as the seating shows the 18th Century design and makes it clear why this opera house is celebrated as a monument throughout Europe.

**Left: Duomo di Milano, one of the largest churches in the world**  
**Top: A famous vintage Milan tram**  
**Above: Shopping hub Galleria Vittorio Emanuele II**

The 2022–2023 season will include Boris Godunov, Salome and La bohème.

Football is one of the great Italian pastimes, and Milan is a leading force behind this cultural institution. San Siro Stadium is the home of both of Milan's biggest teams, AC Milan and Inter. Catching the Milan derby between the two teams can be one of the most iconic football experiences on the planet.

Sports fans will love the atmosphere at San Siro, with crowds of up to 80,000 fervent fans beating the drum. As the 'temple of football', the stadium also offers a tour and has a museum to showcase the amazing history of the city's most prominent sports venue.

### **Duomo di Milano**

[duomomilano.it](http://duomomilano.it)

+39 02 72023375

### **Teatro alla Scala**

[teatroallascala.org](http://teatroallascala.org)

+39 02 88791

### **San Siro**

[sansirostadium.com](http://sansirostadium.com)

+39 02 4879 8201