

# The big smoke

England's capital city is famed for its vibrant, cosmopolitan culture, historic landmarks and never-ending roster of cultural events, drawing visitors from across the globe and ensuring that there's never a dull moment for time-pressed business travellers

## WHERE TO STAY

The Biltmore Mayfair sits in the famous Grosvenor Square, right in the centre of London. The scenic views and bespoke decor of their rooms and suites provide a comfortable home away from home. With restaurants and bars on site and exciting shopping experiences close by, the Biltmore is the perfect Central London stay for the busy traveller.

The Corinthia London offers rooms, suites and penthouses that provide a haven at the end of a long work day, where relaxation and rejuvenation are at the forefront of each guest's stay. After closing that business deal, a wonderful spa day with Espa Life can be arranged at the Corinthia, restoring a healthy work-life balance.

For a stay away from the busy and bustling city centre, The Lakes by Yoo in the Cotswolds is the perfect country getaway, just a short hop from London. This luxury sanctuary offers apartments and suites that showcase the English countryside and provide a relaxing antidote to the hustle and bustle of the capital.

**The Biltmore Mayfair**  
[lxhotels3.hilton.com/lxr/biltmore-mayfair](http://lxhotels3.hilton.com/lxr/biltmore-mayfair)

+44 (0) 20 7629 9400

**Corinthia London**  
[www.corinthia.com/london](http://www.corinthia.com/london)

+44 20 7930 8181

**The Lakes by Yoo**  
[thelakesbyyoo.com](http://thelakesbyyoo.com)

+44 (0)1367 254 260

## WHERE TO DINE

Cafe Biltmore is the signature cafe of the Biltmore Mayfair and features dishes by the Michelin-star chef Jason Atherton drawn from a variety of different cuisines from around the world. Whether it be fresh fish and meats from the Japanese charcoal grill, Mediterranean flavours with wood fire pizza and homemade pasta, or a traditional Sunday roast fair, this spot offers food for every palate, while occupying a convenient spot right in the centre of London.

Each dish created by the chefs at Helene Darroze at the Connaught is hard to forget. Fresh, seasonal produce is selected by the eponymous chef and cooked by her team at the Michelin-starred

restaurant. Bespoke menus can be created for guests at the Chef's Table or in the Private Dining Rooms.

While dim sum may not sound like business lunch fair, A. WONG is a curated food experience that should not be ignored. Andrew Wong's focus on traditional Chinese cuisine makes for an incredible two-Michelin-star experience. Whether it be his Cantonese traditional dim sum lunch menu or the Taste of China menu curated personally by Andrew Wong, this restaurant will not disappoint.

**Cafe Biltmore Restaurant and Terrace** [lxhotels.com](http://lxhotels.com)

[hiltonbusinessonline.com/lxr/biltmore-mayfair/dine/the-terrace](http://hiltonbusinessonline.com/lxr/biltmore-mayfair/dine/the-terrace)

+44 (0) 20 7596 3200

**Hélène Darroze at The Connaught**

[the-connaught.co.uk/restaurants-bars/helene-darroze-at-the-connaught](http://the-connaught.co.uk/restaurants-bars/helene-darroze-at-the-connaught)

+44 (0) 20 3147 7200

**A. WONG**

[www.awong.co.uk](http://www.awong.co.uk)

+44 (0) 20 7828 8931

## WHAT TO DO

To catch a stunning aerial view of the east of the city take a trip on London's only cable car, which runs over the Thames between the Greenwich Peninsula and Royal Docks. Cabins arrive every thirty seconds, with a one way trip lasting 10 minutes. After 7pm 'flights' are extended to 25 minutes, so you can enjoy the Thames by night at a leisurely pace.

The Tower of London has a long and rich history through

the centuries, including having been an old gaol in the Middle Ages, for treasonous figures such as Anne Boleyn and Mary Queen of Scots. Additionally, this incredible building has now been turned into a museum where tourists can see the Crown jewels up close and personal.

For a more leisurely tourist experience, visiting London's Kew Gardens is one of the most naturally restorative experiences any traveller can

have in the bustling capital city. As the most biodiverse place on earth, there is much to see in

**Left: The famous Tower Bridge with City Hall and the business district south of The Thames, close to The Shard** **Above: London's red buses in front of Big Ben and The Houses of Parliament** **Below: The Emirates Air Line Cable Car overlooking The Millennium Dome and Canary Wharf**

these botanic gardens, including acres of wild woodland and the world's largest seed conservation project in the heart of London.

**Emirates Air Line Cable Car**  
[tfl.gov.uk/modes/emirates-air-line](http://tfl.gov.uk/modes/emirates-air-line)  
 +44 (0) 343 222 1234

**Tower of London**  
[hrp.org.uk/tower-of-london](http://hrp.org.uk/tower-of-london)  
 +44 (0) 333 320 6000

**Royal Botanic Gardens, Kew**  
[kew.org](http://kew.org)  
 +44 (0) 20 8332 5655 ■

